

Sacrament Preparation Year 1 Newsletter

Important Dates

January

4th: Sacrament Preparation classes resume

11th: Sacrament Preparation class

18th: Sacrament Preparation class

25th: Sacrament Preparation class

February

1st: Sacrament Preparation class

8th: Sacrament Preparation class

15th: Sacrament Preparation class

22nd: Sacrament Preparation class

27th: Sacrament Preparation Year 1 Retreat

What's Going On In Class...

The upcoming Year 1 Sacrament Preparation classes are: *A Semester Review* (1/4); *The Church offers us New Life in Christ* (1/11); *We are nourished by the Body and Blood of Christ* (1/18); and *We Gather for Mass* (1/25).

After the holiday break we will start with a review of all we have learned so far in class, then focus on the Sacraments of Initiation: Baptism, Confirmation, and Eucharist. We will learn about the Sacrament of Baptism, the start of our faith journey and the day we become a member of the Church. We will learn about Confirmation and the Gifts of the Holy Spirit. And, we will learn about Jesus' True Presence— Body, Blood, Soul, and Divinity— in the Eucharist. At the end of the month we will have a special class on The Liturgy, where the Eucharistic Feast takes place. We hope students gain a greater appreciation for the Sacraments of Initiation and the Mass throughout this month.

For the Family

Parents are the primary catechist for our youth!

Some helpful steps you can take at home:

- Take your child to Mass every Sunday and on Holy Days of Obligation. Afterwards, spend a few moments discussing the Scripture readings and what your child learned at Mass. Mass readings can be found at: www.usccb.org
- Share memories of your child's Baptism
- Spend a few moments in an Adoration chapel
- Write a thank you note to the priest for celebrating Mass on Sundays for us
- The Seven Gifts of the Holy Spirit are: Wisdom, Wonder & Awe, Understanding, Reverence, Knowledge, Courage, and Right Judgment. As a family, discuss these gifts and how these Gifts of the Holy Spirit help us everyday to live as disciples of Jesus Christ.